

## Swedish Assisted Living - Spring & Summer Menu 2017

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b><u>Breakfast</u></b>	Bagel	Scone	Muffin	Bagel	Scone	Muffin	Bagel
<b><u>Dinner</u></b>  <b>1<sup>st</sup> Seating 11:30am</b>  <b>2<sup>nd</sup> Seating 12:30 pm</b>	<b>Carrot &amp; Raisin Salad</b>  Chicken Cordon Bleu <b>OR</b> Meatloaf  <b>Served with</b> Scalloped Potato Buttered Corn Steamed Carrots  Dessert Tray	<b>Spring Mix w/Feta Cheese &amp; Olives</b>  BBQ Pork Ribs <b>OR</b> Italian Breaded Veal w/Gravy  <b>Served with</b> Mashed Potatoes Mexican Mix Vegetables  Dessert Tray	<b>Chef's Choice Salad</b>  <b>Residents Choice BBQ</b>  Dessert Tray	<b>BLT Salad</b>  Butter Chicken  <b>OR</b> BBQ Lamb Chops  <b>Served with</b> Cumin Rice Peas & Pearl Onions  Dessert Tray	<b>Tossed Salad w/Cucumber/Tomatoes</b>  Herb Baked Salmon <b>OR</b> Shepherd's Pie w/Gravy  <b>Served With</b> Mashed Potatoes Roast Turnips Sauteed Spinach  Dessert Tray	<b>Chef's Choice Salad</b>  Cajun Chicken Wings  <b>OR</b> Pork Kabobs w/ Tzatziki  <b>Served with</b> Potato Wedges Carrot Sticks Celery Stick  Dessert Tray	<b>Tuscan Greens Salad</b>  Roast Pork Sage Stuffing Gravy <b>OR</b> Turkey Schnitzel  <b>Served with</b> Mashed Potato Baked Yam Brussels Sprout  Dessert Tray
<b><u>Supper</u></b>  <b>1<sup>st</sup> Seating 4:30 pm</b>  <b>2<sup>nd</sup> Seating 5:30 pm</b>	Soup of the Day  Perogies w/Sour Cream Sliced Grilled Onions Polish Sausage  <b>OR</b> Turkey Pot Pie w/Gravy  <b>Served with</b> Roasted Beets w/ Olive Oil & Basil  Strawberry Banana Ice Cream	Soup of the Day  Poached Eggs on English Muffin with Hollandaise Sauce <b>OR</b> Ham Sandwich (Mustard, Lettuce, Tomato, Cucumber)  <b>Served with</b> Sliced Tomatoes Quinoa Salad  Cherry Crisp w/Whipped Topping	Soup of the Day  Chicken Strips w/ Dipping Sauce  <b>OR</b> Cheese Cannelloni Baked in Sauce  <b>Served with</b> Caesar Salad Garlic Bread  Lemon Meringue Pie	Soup of the Day  Shrimp Salad Sandwich  <b>OR</b> Vegetable Quiche  <b>Served with</b> Tomato and Basil Salad Fruit Slice  Swedish Apple Cake	Soup of the Day  Omelette  <b>OR</b> Baked Beans & Wieners  <b>Served with</b> Green Salad Fresh Fruits  Peach Cobbler	Soup of the Day  Tourtiere with Gravy  <b>OR</b> Avocado, Cucumber & Cream Cheese Sandwich  <b>Served with</b> Coleslaw Fruit Garnish  Tapioca Pudding	Soup of the Day  <b>Chef's Choice</b>  Novelty Ice Cream

Available at:

- **Dinner** – Bread, rice, mashed potato, water, milk, tea, coffee
- **Supper**-Crackers with Soup, Bread water, milk, tea, coffee
- **Snacks** - Assorted Juice, Tea, Coffee